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PEGASO @ WEARABLE TECH, 19 OCTOBER 2016, TURIN

The Pegaso project attended the Wearable Tech, held in Turin on October 2016, the first fair managed by students dedicated to wearable technologies. During this occasion the Pegaso team had the possibility to present and disseminate the project and the sensors developed within it.

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DIEGO PARASSOLE PERFORMANCE@ PILOT SCHOOL IN MILAN

On November 2016, Diego Parassole, a famous Italian comedian, performed an extract of his show “Che bío ce la mandi buona” in one of the pilot school in Milan. The performance was highly appreciated both from students and teachers who considered this a great opportunity to communicate in a “funny” way the importance of having healthy habits.

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PEGASO TRAINING MODULES PLATFORM

If you are a teen interested in the Pegaso apps, a parent that want to know more about how Pegaso game and apps can be used to support children in changing their behaviour in favour of a healthier one or a School/Institution particularly curies about the Pegaso philosophy, visit our Training modules platform available on the Pegaso website.

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BEAT THE STREET: GETTING COMMUNITIES MOVING

Beat the Street is a serious game game which improves the health and wellbeing of entire towns and cities by getting people of all ages moving. It is evidence-based and leads to long term behaviour change by creating a social norm around walking and cycling. First results about the serious game developed within the Pegaso project will be available soon. Stay tuned and follow Pegaso!

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PERSONALISED GUIDANCE SERVICES FOR OPTIMISING LIFESTYLE IN TEENAGEERS

Knowledge on how to stay healthy does not by itself motivate people to adopt healthy lifestyles. PEGASO targets teenagers by utilising technologies and approaches they are familiar with. Gaming strategies, social networks and communities of interest are integrated in a participatory design methodology that can make a difference. Follow us on PEGASO Fit 4 Future!

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