PEGASO@eHEALTH WEEK 2017

On May 2017, the PEGASO project participated at the eHealth week in Malta. The session, titled “Child’s Play: Using Digital Technologies to Influence Children’s Behaviours”, was co-organised by WHO and focused on the influence of social media and internet in children health and how to make safe use of modern technology to support the younger generations in managing their wellbeing.

PEGASO FINAL EVENT@BRUSSELS

The PEGASO final event was held on July 4th in Brussels. During this occasion the main results and findings of the project, bringing forward the research perspective as well as the user perspective, were shared and presented.

DIEGO PARASSOLE PERFORMANCE@ MILAN PILOT FINAL EVENT

On June 9th, Diego Parassole, a famous Italian comedian, performed a show during the Milan pilot final event held at the “Centro Sportivo Iseo”. During this occasion, students had also the possibility to try different sports and activities increasing their understanding about the importance to have an healthy lifestyle.

PEGASO PROJECT: FINDINGS AND RESULTS

In September 2017 the PEGASO project will finish. After three and a half year, working together with 450 teams in three EU countries, the project results and findings will be soon available. Stay tuned and follow the Pegaso project!

PERSONALISED GUIDANCE SERVICES FOR OPTIMISING LIFESTYLE IN TEEN-AGERS

Knowledge on how to stay healthy does not by itself motivate people to adopt healthy lifestyles. PEGASO targets teenagers by utilising technologies and approaches they are familiar with. Gaming strategies, social networks and communities of interest are integrated in a participatory design methodology that can make a difference. Follow us on PEGASO PR4 Future!

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